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PSYCHOLOGICAL SUPPORT FOR RECONCILIATION Counseling Services

The Office of Social Development Affairs to the President, in accordance with a wish of His Excellency the President, has launched an initiative to empower, encourage and develop the personalities of those members of the armed forces who were active combatants during the conflict. This initiative is carried out by way of counseling programmes that have since recently been expanded to include the family members of these officials.

The main objective of this programme is to undo to the maximum possible extent the corrosive effects of war on

the minds of previous combatants and their families. Hence counseling mainly aims to facilitate inner peace and stability for these individuals in order to create a psychological environment conducive for personal growth and happiness. Towards this end the professional therapists involved in the programme primarily seek to address issues of insecurity, anxiety and depression. The Sri Lanka Foundation Institution worked in collaboration with the Office of Social Development Affairs.



